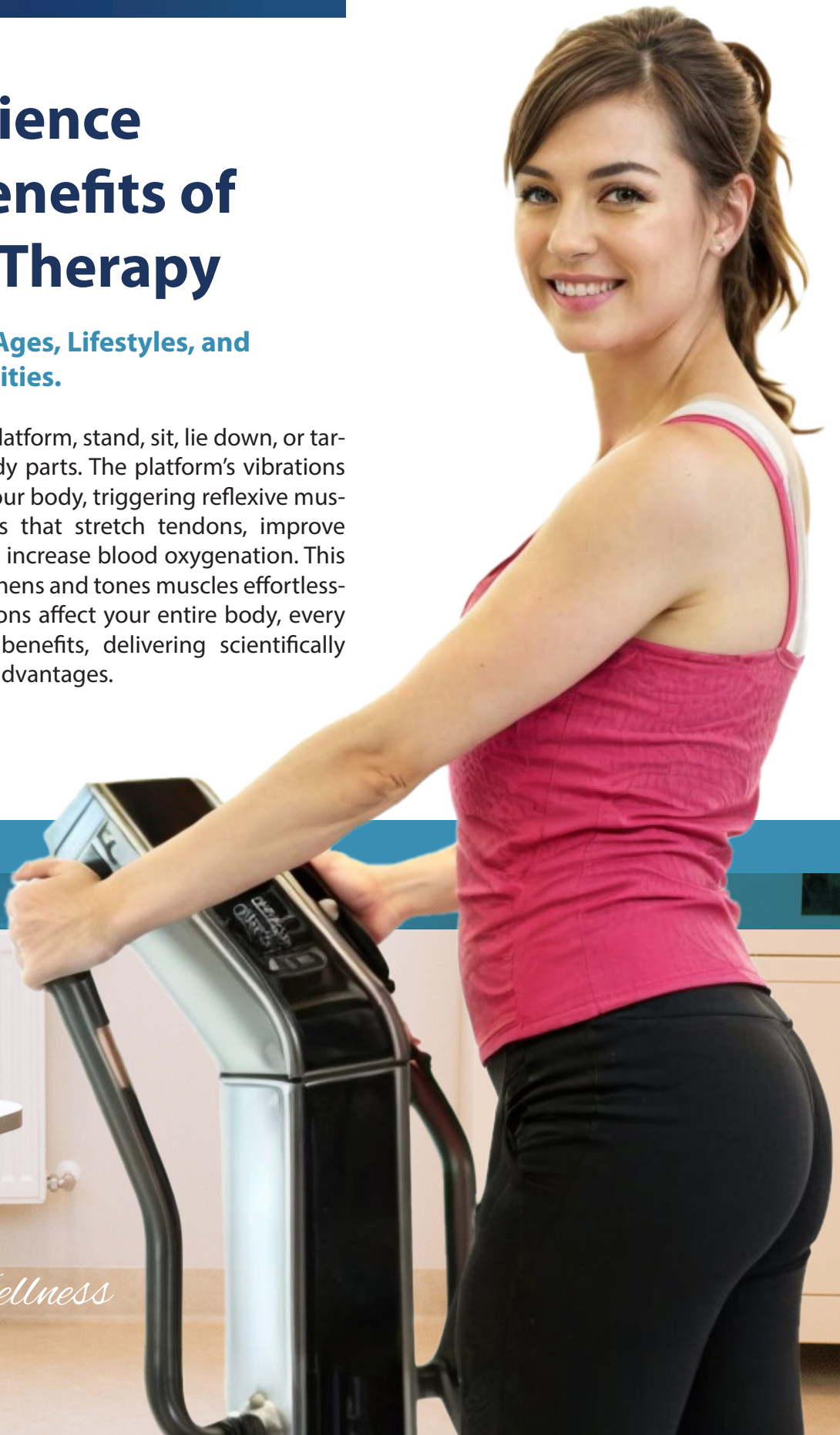


# Experience the Benefits of Vibra Therapy

**Ideal for All Ages, Lifestyles, and  
Physical Abilities.**

Step onto the platform, stand, sit, lie down, or target specific body parts. The platform's vibrations flow through your body, triggering reflexive muscle contractions that stretch tendons, improve blood flow, and increase blood oxygenation. This process strengthens and tones muscles effortlessly. Since vibrations affect your entire body, every muscle group benefits, delivering scientifically backed health advantages.



*Kareliz Wellness*



### Massage

Enjoy a relaxing massage whenever you need it! With the Vibra Therapy machine, you have your own personal masseuse, promoting health benefits while helping you unwind.



### Therapy

Whole-body vibration therapy is a proven method for managing chronic conditions drug-free. It is effective and gentle, making it suitable for various physical abilities.



### Fitness

Effortless yet effective, standing or sitting on the whole-body vibration platform has been shown to enhance fitness with minimal exertion.



## Additional Benefits

Accelerates Fat Loss

---

Boosts Lymphatic Drainage

---

Decreases Stress Levels

---

Helps Release Toxins

---

Aids Tendonitis & Ligament Rehabilitation

---

Improves Balance & Flexibility

Enhances Metabolism

---

Improves Posture Stability

---

Increases Blood Circulation

---

Increases Bone Mass Density

---

Reduces Cellulite

---

Combats Osteoporosis

Relieves Arthritis & Fibromyalgia

---

Relieves Back & Neck Pain

---

Strengthens Core Muscles

---

Tones & Tightens the Body

---

Treats Diabetic Neuropathy, Multiple Sclerosis, and Parkinson's

*Try Vibra Therapy at Fallbrook Medical Center and unlock the countless benefits it can offer your health and well-being!*



**Ask About Our Vibra Therapy Session Packages!**

Our monthly program is consistent and straightforward, offering a variety of session packages to fit your needs. Sessions must be used within one month, as any unused sessions do not roll over.

### SPECIAL LAUNCH OFFER

**1 SESSION**  
**\$15**

**STARTER**  
6 sessions + **2 Free**  
(2 per week)  
**\$90**

**BASIC**  
9 sessions + **3 Free**  
(3 per week)  
**\$135**

**FULL**  
12 sessions + **4 Free**  
(4 per week)  
**\$180**

Discover which plan best suits your goals and start your journey towards better health today!

**Contact us now!**

**Phone** 561-709-4660 / 760-723-5900 | **E-mail** [nutritionist@karenberrios.com](mailto:nutritionist@karenberrios.com)  
Fallbrook Medical Center - 593 East Elder Street suite B Fallbrook, CA 92028